

16. What We Do (1:26)

I mean you're the leader, you got to get the action going. You got to step up. You can't want to hide in your office then. Not the time. This is the time to be out there - in front - taking charge. This is what we do. This is what they expect us to do. You have to go out but you don't have to come back. That was our life. That was our mission. That's what we did. "And you said you survived or you thrived on adrenaline."

I think there were lots of times that was what I was thriving on because lots of times I didn't get much sleep. The nature of the job had to be something driving you and that was probably adrenaline.

I don't know; I'm not a physical expert. But I know the excitement of being an aviator in the rescue business took care of a lot of problems. That's just what you wanted to do. ""And you probably didn't ever think about the fatal consequences." No, not really. You basically put it in the hands of a higher being. And he took care of me all the time. You're just doing whatever you needed to do.

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